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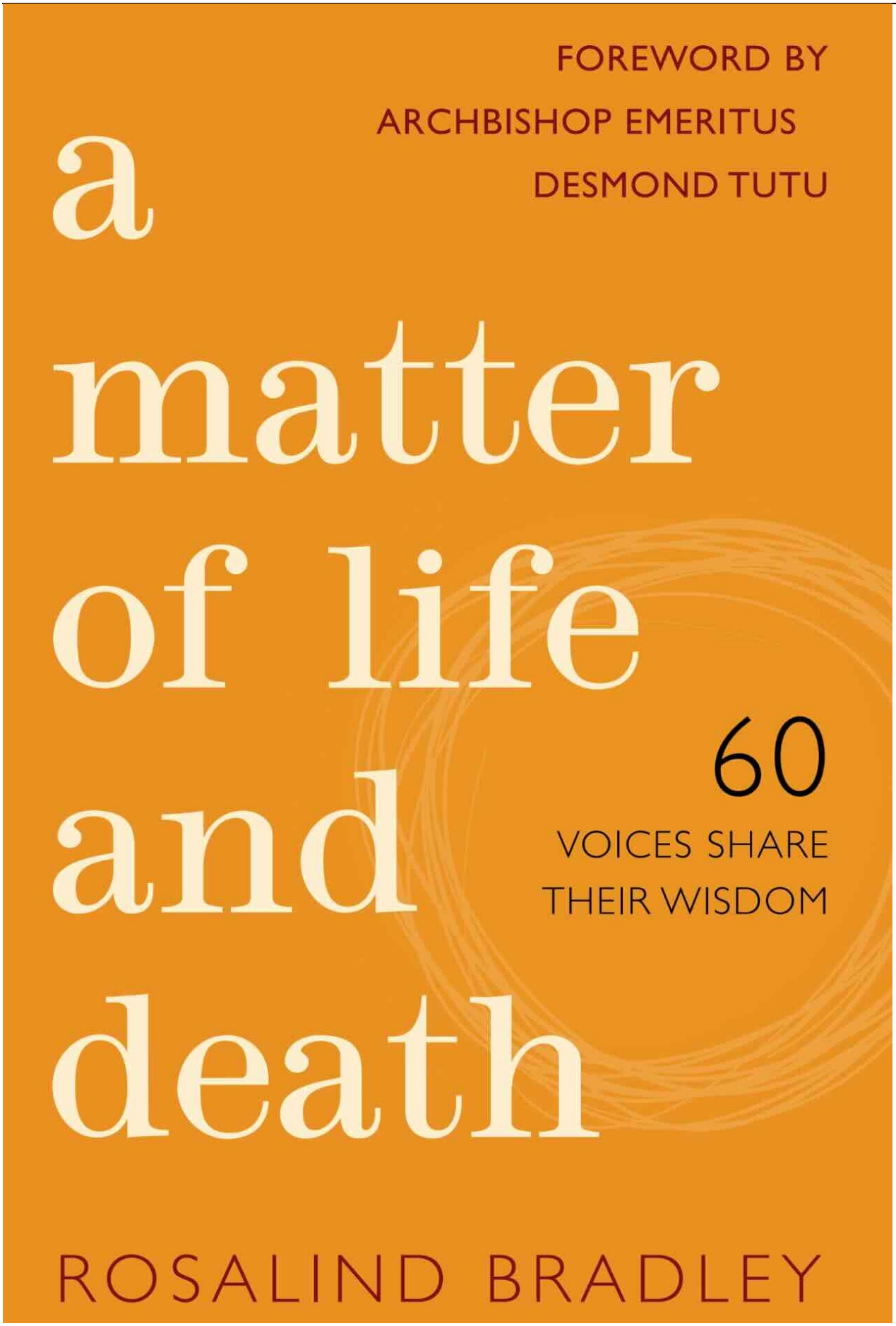
A matter of life and death: 60 voices share their wisdom


FOREWORD BY
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VOICES SHARE
THEIR WISDOM
ROSALIND BRADLEY

Rosalind Bradley. 2016. JKP. 232p.

This book provides a collection of personal stories and reflections by practitioners on dying, death and loss. It is impossible to summarize but some of the quotes below give a flavour:

“Don’t cry because it’s over, smile because it happened”
(attributed to Dr. Seuss)

“Drop the outdated idea of death as a clean, sterilized man. Death is a woman, green, smelling of rich soil and earth. Death is where we came from and where we will all return.” (Caitlin Doughty)

“To begin depriving death of its greatest advantage over us … let us deprive death of its strangeness, let us frequent it, let us get used to it; let us have nothing more often in mind than death… We do not know where death awaits us, so let us wait for it everywhere. To practice death is to practice freedom.”
(Michel de Montaigne)

“Death is a comma, not a full stop”
(Rev. Jonathan Woodhouse)

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